



National Black Belt Club (NBBC)

National Black Belt Club is for "triple A" rated students who have completed the Junior Program halfway. These students must exemplify the 3 A's - ATTITUDE, ATTENDANCE, and ACADEMICS. They attend a special class once a week where they are introduced to specialties beyond their regular program such as: Adult Self Defences, Board Breaking, Demo Teams, Advanced Kickboxing, Grappling, etc.

Instructor's Class

The Instructor's class is for the Adult Black Belts and Leadership Team Specialists who either teach or are beyond brown belt. They work on their program and keep current with their certification levels and any new material being introduced.

Thames Valley Children's Centre

This is a program for children with special needs who come to MMA for a one week long summer karate day camp in July and August to learn the basic etiquette of Martial Arts.