



### Probationary Black Belt (PBB) Program

The PBB Program is for those who have just finished completing the JBB 10 Level Program and now are moving to the 5 Level Apprenticeship PBB Program

Degree Level	Self-Defence Techniques	Forms/Sets	Weapons/Arnis
PBB Apprentice Level 1	1-10 (3 <sup>rd</sup> Brown)	Short Form 3 IUP #6	Kenpo Jitzu Level 6 12 Disarms
PBB Apprentice Level 2	1-10 (2 <sup>nd</sup> Brown)	Coordination Set 1 Striking Set IUP #7	Kenpo Jitzu Level 7 Parker Staff set
PBB Apprentice Level 3	1-10 (1 <sup>st</sup> Brown)	Long Form 3 (pt 1) Star Block Set 1 IUP #8	Kenpo Jitzu Level 8 12 Reversals
PBB Apprentice Level 4	1-10 (Black Belt)	Long Form 3 (pt 2) Elbow Set 2 IUP #9	Kenpo Jitzu Level 9 10 Count Drill
PBB Apprentice Level 5 (ABB Candidate)	Review Selected Techniques	Si Ping Kuen IUP #10	Kenpo Jitzu Level 10 Sabre 2